## June 20, 2022

The Lord wants you to experience real and abundant life:

**Ps. 68:19** *Praise be to the LORD, to God our Savior, Who daily bears our burdens.* (NIV) Do you have a daily God? In other words, do you sense His presence every day or just whenever you are thinking about it? The difference is that as you walk in the abundant, abiding life of Christ, you will continually experience His Spirit in your daily thoughts and routines. The psalmist reminds us here that this should give us cause to praise the LORD continually.

It is because of this relationship, that we then find that the LORD Himself is carrying our burdens for us. In a world of high pressure and economic, health related issues, and uncertainty, we can know that we are standing on solid ground because we are standing on The Rock. He is able to bear these burdens for us. He gives us hope and security. We have peace in the midst of every life storm we face.

I read about a woman who had a rapidly growing tumor in her abdomen. This relatively young lady was malnourished because of not being able to eat and she didn't have enough strength to even stand to walk. When the surgery to remove the tumor was done (which took twelve surgeons, five hours to perform), they removed the ovarian mucinous tumor that weighed 132 pounds! Once the tumor was gone, she began to become stronger daily and was soon back in good health. We all have a tumor of sin that needs to be removed. The only surgeon qualified is Jesus, and He has a perfect record. When He removes that sin, He replaces it with His Own Spirit Who walks with us continuously and carries our burdens. There is no better place to be than in His hands.

Dear LORD, thank You that You daily bear our burdens. We would not be able to make it without You. Thank You for taking the weight of the world's sin upon Yourself so that we can life overflowing and eternal. In Jesus Name, Amen